















# HULLENSIANS RUGBY UNION FOOTBALL CLUB

SPRINGHEAD LANE, ANLABY, HULL, EAST YORKSHIRE, HU4 7RU

[www.hullensians.org](http://www.hullensians.org)

## COACHES CODES OF CONDUCT

COACHES ARE ENCOURAGED TO:

-  Recognize the importance of fun and enjoyment when coaching young players.
-  Consider the wellbeing and safety of participants.
-  Appreciate the needs of the players before the needs of the sport.
-  Be a positive role model - think what this implies.
-  Keep winning and losing in perspective - encourage young players to behave with dignity in all circumstances.
-  Respect all referees and the decisions they make (remember it could be you refereeing next week) and ensure that the players recognize that they must do the same.
-  Develop an appropriate working relationship with players, based on mutual trust and respect.
-  Make sure all activities are appropriate to the age, ability and experience of those taking part.
-  Promote the positive aspects of the sport (e.g. fair play, team spirit)
-  Display consistently high standards of behaviour.
-  Follow all guidelines laid down by the national governing body and the club.
-  Provide positive verbal feedback in a constructive and encouraging manner, to all young players, both during coaching sessions and games.
















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## COACHES CODES OF CONDUCT..... cont

-  Recognize the importance of fun and enjoyment when officiating young players.
-  Emphasize the spirit of the game.
-  Understand the physical, social and psychological development of young players.
-  Look to self-improvement e.g. participation in Mini/Midi coaching courses.
-  Never exert undue influence over performers to obtain personal benefit or reward.
-  Provide experiences, which are matched to the young players' ages and abilities, as well as their physical and mental development.
-  Ensure all youngsters are coached in a safe environment.
-  Avoid the overplaying of the best players, by using a squad system, which gives everybody a satisfactory amount of playing time.
-  Never allow a player to train or play when injured.
-  Ensure good supervision of young players, both on and off the field.
-  Recognize that young players should never be exposed to extremes of heat, cold, or unacceptable risk of injury.
-  Ensure that their knowledge and coaching strategies are up to date.
-  Recognize that the safety of young players is paramount.



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## COACHES CODES OF CONDUCT..... cont



Explain decisions - all young players are still learning.



Always penalize foul play.



Play advantage whenever possible in order to let the game flow.



Show empathy for the age and ability of young players.



Be consistent and objective.



Ensure that verbal abuse from players, coaches or spectators is not tolerated and is dealt with by club officials immediately